



Indoor Pool



Community Center

Mon.- Fri. 6 a.m. - 8 p.m.

Sat., Sun., Holidays 7 a.m. - 5 p.m.

333-4522/9140

Indoor Pool Schedule

Monday, Wednesday, Friday

<i>TIME</i>	<i>EVENT</i>
6 - 8 a.m.	Lap/Open Swim
8 - 9 a.m.	Senior Fit Exercise
9 - 8 p.m.	Lap/Open Swim

Tuesday, Thursday

<i>TIME</i>	<i>EVENT</i>
6 - 8 a.m.	Lap/Open Swim
8 - 9 a.m.	Senior Fit Exercise
9 - 11 a.m.	Lap/Open Swim
11 a.m. - noon.	Hospital Therapy
noon - 8 p.m.	Lap/Open Swim

Saturday, Sunday

<i>TIME</i>	<i>EVENT</i>
7 a.m. - 5 p.m.	Lap/Open Swim

Lap Swim for Active Duty Military and Reserves is FREE. Some lap lanes are available during open swim time ONLY. Please be aware that on Monday through Friday, if there are swim lessons, the indoor pool will have open recreational swim during this time on a space-available basis.

2009 Pool Fees



Daily Fees

- Adult (17+)\$4
- Youth (5-16)\$3
- Child (age 4 and under FREE with a paying adult)

6 - Month Passes

- Single\$ 90
- Family (up to 4)\$170
- Family (5 or more)\$200

Splash Cards available, \$50 for 20 punches

Pool Parties – 2 hour blocks

- 1 - 50 people (2 guards).....\$ 70
- 51-75 people (3 guards).....\$105
- 76-100 people (4 guards).....\$140

Lap swim is free for active duty and Reserves.



Swimming Lessons Available

- Private
- Classes
- Water Aerobics

Call the Aquatics Program 333-1988/9140 for more information.

Indoor Pool RULES



1. Swim only when a lifeguard is on duty.
2. Obey all the lifeguards' instructions.
3. Children 10 or younger must be under the direct supervision of an adult (age 18 or older). Children 11-13 must pass the swim test before entering pool without direct adult supervision. The indoor pool requires an adult to escort child to and from pool to comply with fitness center regulations.
4. Children not toilet trained must wear snug fitting plastic pants or preferably swim diapers.
5. Proper swimming attire only. No cut-offs, T-shirts, etc.
6. Individuals with obvious evidence of a cold or other communicable disease, open sores or lesions, including fungal skin diseases are prohibited from entering the pool.
7. No running on the pool area.
8. No horseplay or chicken fights.
9. No piggyback rides.
10. Children using Coast Guard approved Personal Floatation Devices (lifejackets) must be accompanied in the water by their parent or guardian (18 or older) who must remain within one arm's reach of the child AT ALL TIMES! All lifejackets must stay in the shallow end.
11. No glass or metal containers.
12. No tobacco or alcohol use.
13. No gum, food or beverages on pool apron.
14. Boisterousness, profanity, intoxication, etc. are never allowed.
15. No diving in the shallow end.
16. No diving or jumping off backwards from the side of the pool.
17. Lifeguards may clear the pool during electrical storms and at other times deemed necessary in the interest of safety.

Please visit our website: www.usafaservices.com