



"Learn to Race" Cycling Development Camp

About Us:

In partnership with U.S. Handcycling (USHF), Disabled Sports USA (DSUSA) and U.S. Paralympics, the United States Association of Blind Athletes (USABA), is pleased to host a series of "Learn to Race" Cycling Development Camps for Riders with physical disabilities. The next camp is at the U.S. Olympic Training Center in Chula Vista, California from April 30 through May 7, 2011.

Who Can Participate:

Athletes must fall under one of the UCI (Union Cycliste International) sanctioned classifications: be legally blind, have cerebral palsy or a head injury, have a significant amputation or have a lower mobility impairment (e.g. spinal cord injury). **Disabled military veterans and active duty service members are strongly encouraged to attend.** Athletes must also possess the fitness and equipment necessary to make it through the week-long cycling camp. Approved bikes are tandem bikes, handcycles, upright tricycles and single bikes.

"Learn to Race":

Cyclists can expect to learn bike handling skills, safe riding techniques, and most importantly, road racing strategies. Riders are on their bikes twice per day, and will ride between 150-200 miles for the week. Athletes will practice skills, engage in race stimulations, and have classroom discussions nightly.



Blind athlete, Chester Triplett, and his pilot, David Gulick, compete at the 2010 U.S. Paralympic Road National Championships.

"As a soldier I found purpose to never quit and I would have given my life during battle. Then Stargardt's shook my foundation and changed my life forever. I found my love for tandem racing and essentially USABA and the Paralympic program saved me."

- Chester Triplett
Camp Participant, September 2010
U.S. Army

Upcoming Cycling Camps

April 2011 in San Diego, CA

June 2011 location TBD

For more information, contact:

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For more information about USABA cycling and an event calendar, please visit our website at www.usaba.org