

SUNDAY January 6	MONDAY January 7	TUESDAY January 8	WEDNESDAY January 9	THURSDAY January 10	FRIDAY January 11	SATURDAY January 12
<i>BREAKFAST</i>	<i>BREAKFAST</i>	<i>BREAKFAST</i>	<i>BREAKFAST</i>	<i>BREAKFAST</i>	<i>BREAKFAST</i>	<i>BREAKFAST</i>
Turkey Bacon	Turkey Bacon	Grilled Turkey Sausage Links	Grilled Turkey Patty	Turkey Bacon	Grilled Turkey Sausage Links	Grilled Turkey Patty
Bacon	Bacon	Bacon	Bacon	Bacon	Bacon	Bacon
Creamed Beef	Creamed Beef	Creamed Beef	Creamed Beef	Creamed Beef	Creamed Beef	Creamed Beef
French Toast	French Toast	French Toast	French Toast	French Toast	French Toast	French Toast
Pancakes	Pancakes	Pancakes	Pancakes	Pancakes	Pancakes	Pancakes
Biscuits	Biscuits	Biscuits	Biscuits	Biscuits	Biscuits	Biscuits
Hash Brown Patty	Hash Brown Patty	Hash Brown Patty	Cottage Fried Potatoes	Hash Brown Patty	Hash Brown Potatoes	Cottage Fried Potatoes
Boiled Eggs	Boiled Eggs	Boiled Eggs	Boiled Eggs	Boiled Eggs	Boiled Eggs	Boiled Eggs
Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs
Fried Eggs	Fried Eggs	Fried Eggs	Fried Eggs	Fried Eggs	Fried Eggs	Fried Eggs
Omelet	Omelet	Omelet	Omelet	Omelet	Omelet	Omelet
Grits	Grits	Grits	Grits	Grits	Grits	Grits
Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal
Breakfast Burritos	Breakfast Burritos	Breakfast Burritos	Breakfast Burritos	Breakfast Burritos	Breakfast Burritos	Breakfast Burritos
<i>DAILY SOUP/SALAD</i>	<i>DAILY SOUP/SALAD</i>	<i>DAILY SOUP/SALAD</i>	<i>DAILY SOUP/SALAD</i>	<i>DAILY SOUP/SALAD</i>	<i>DAILY SOUP/SALAD</i>	<i>DAILY SOUP/SALAD</i>
Chicken Tortilla Soup	Minestrone Soup	Pasta Fagioli Soup	Potato Soup	Rice & Chicken Soup	Thai Curry Soup	Tomato Soup
Cole Slaw	Macaroni Salad	Spinach Salad	Cole Slaw	Fruit Salad	Macaroni Tuna Salad	Carrot Salad
Potato Salad	Cucumber/Onion Salad	Garden Cottage Cheese Salad	Country Style Tomato Salad	Pasta Salad	Potato Salad	Mexican Cole Slaw
<i>LUNCH</i>	<i>LUNCH</i>	<i>LUNCH</i>	<i>LUNCH</i>	<i>LUNCH</i>	<i>LUNCH</i>	<i>LUNCH</i>
Cheese Tortellini w/Marinara	Baked Fish w/Lemon Garlic Butter	Yankee Pot Roast	Caribbean Chicken	Chicken Florentine	Shrimp Chop Suey	Chicken A La King
Savory Baked Chicken	Beef Bal Stroganoff	Grilled Pork Chops	Salmon w/Maple Ginger Glaze	Tuna Noodles	Sweet Chili BBQ Meatballs	Parmesan Crusted Pork Chop
BBQ Brisket	Southern Fried Chicken	Bourbon Chicken	Cantonese Spareribs	BBQ Beef Cubes	Sweet & Sour Spareribs	Eggplant Parmesan
Chicken Gravy	Brown Gravy	Onion Gravy	Brown Gravy	Chicken Gravy	Onion Gravy	Brown Gravy
Baked Sweet Potato	Brown Rice	Buttered Parsley Potatoes	Red Beans & Rice	Oven Browned Potatoes	Roasted Pepper Potatoes	Brown Rice w/Tomato
Baked Mac & Cheese	Buttered Egg Noodles	Rice w/Broccoli & Cheese	Franconia Potatoes	Steamed Rice	Pork Fried Rice	Rosemary Roasted Potato Wedge
Roasted Carrots w/Rosemary	Carrots	Peas	Brussel Sprouts	Creamed Corn	Japanese Stir Fry Vegetables	Roasted Carrots w/Rosemary
Corn Calico	Zucchini & Yellow Squash Gratin	Roasted Cauliflower	Savory Summer Squash	Collard Greens	Peas & Carrots	Garlic Peas
Southern Style Collard	Green Beans	Corn Calico	Broccoli Combo	Zucchini Fritters	Cauliflower	French Green Beans

Greens						
<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>
Turkey Lentil Chili	Baked Turkey Roulade Florentine	Beef Stir Fry	Basil Baked Fish	Southwestern Fish	Cranberry Glazed Chicken	Stir Fry Chicken w/Broccoli
Roast Beef	Baked Dijon Pork Chop	Baked Salmon	Herbed Baked Chicken	Beef Stew	Lemon Pepper Catfish	Stuffed Fish
Fried Shrimp	Beef Brogul	Southern Fried Catfish	Country Style Steak	BBQ Chicken	Stuffed Baked Pork Chops	Beef Pot Pie
Cream Gravy	Turkey Gravy	Cream Gravy	Chicken Gravy	Brown Gravy	Brown Gravy	Turkey Gravy
Mashed Potatoes	Long Grain Wild Rice	Roasted Pepper Potatoes	Harvest Blend Rice	Brown Rice w/Vegetable Sicilian	Brown Rice	Long Grain & Wild Rice
Rice Pilaf	Rissole Potatoes	Fried Rice w/Eggs	Scalloped Potatoes	Sweet Potatoes Southern Style	Glazed Sweet Potatoes	Garlic Mashed Potatoes
Green Beans w/Mushrooms	Cauliflower	Carrots	Mixed Vegetables	Corn Combo	French Green Beans	Cauliflower Combo
Corn on the Cobb	Creamed Corn	Broccoli	Boston Baked Beans	Green Beans	Carrots	Spinach Club
Zucchini Fritters	Summer Squash	Grilled Asparagus	Fried Okra	Fried Cauliflower	Tempura Vegetables	Scalloped Corn