

SUNDAY January 13	MONDAY January 14	TUESDAY January 15	WEDNESDAY January 16	THURSDAY January 17	FRIDAY January 18	SATURDAY January 19
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
Turkey Bacon	Grilled Turkey Sausage Links	Grilled Turkey Patty	Turkey Bacon	Grilled Turkey Sausage Links	Grilled Turkey Patty	Turkey Bacon
Bacon	Bacon	Bacon	Bacon	Bacon	Bacon	Bacon
Creamed Beef	Creamed Beef	Creamed Beef	Creamed Beef	Creamed Beef	Creamed Beef	Creamed Beef
French Toast	French Toast	French Toast	French Toast	French Toast	French Toast	French Toast
Pancakes	Pancakes	Pancakes	Pancakes	Pancakes	Pancakes	Pancakes
Biscuits	Biscuits	Biscuits	Biscuits	Biscuits	Biscuits	Biscuits
Hash Brown Patty	Hash Brown Patty	Hash Brown Potatoes	Cottage Fried Potatoes	Hash Brown Patty	Hash Brown Potatoes	Cottage Fried Potatoes
Boiled Eggs	Boiled Eggs	Boiled Eggs	Boiled Eggs	Boiled Eggs	Boiled Eggs	Boiled Eggs
Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs
Fried Eggs	Fried Eggs	Fried Eggs	Fried Eggs	Fried Eggs	Fried Eggs	Fried Eggs
Omelet	Omelet	Omelet	Omelet	Omelet	Omelet	Omelet
Grits	Grits	Grits	Grits	Grits	Grits	Grits
Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal
Breakfast Burritos	Breakfast Burritos	Breakfast Burritos	Breakfast Burritos	Breakfast Burritos	Breakfast Burritos	Breakfast Burritos
<b>DAILY SOUP/SALAD</b>	<b>DAILY SOUP/SALAD</b>	<b>DAILY SOUP/SALAD</b>	<b>DAILY SOUP/SALAD</b>	<b>DAILY SOUP/SALAD</b>	<b>DAILY SOUP/SALAD</b>	<b>DAILY SOUP/SALAD</b>
Vegetable Soup	Beef & Barley Soup	Chicken w/Rice Soup	Butternut Squash Soup	Cheeseburger Chowder	Chicken & Dumpling Soup	Chili
Country Style Tomato Salad	Zesty Rotini Pasta Salad	Italian Style Pasta Salad	Magellan's Potato Salad	Carrot Salad	Mexican Cole Slaw	Green & White Pasta Salad
Green & White Pasta Salad	Fruit Medley Salad	Spinach Salad	Cole Slaw	Fruit Salad	Pasta Salad	Fruit Medley Salad
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
Marinated Tomatoes w/Penne & Basil	Santa Fe Glazed Chicken	Hot & Spicy Chicken	Baked Salmon	Cajun Chicken	Pork Roast Tenderloin	Baja Fish Tacos
Pineapple BBQ Meatballs	Fiesta Fish	Grilled Steak	Mexican Baked Chicken	Stuffed Green Peppers	Grilled Honey Sriracha Chicken	Salisbury Steak
Fried Shrimp	Cajun Meatloaf	Pork Adobo	Beef Fajita Quinoa	Creole Shrimp	Beef Yakisoba	Turkey Nuggets
Brown Gravy	Turkey Gravy	Cream Gravy	Chicken Gravy	Brown Gravy	Brown Gravy	Brown Gravy
Quinoa Garden Pilaf	Baked Potato	Roasted Pepper Potatoes	Crispy Potato Wedges	Potatoes & Herbs	Baked Sweet Potato	Spicy Brown Pilaf Rice
Mashed Potatoes	Islander Rice	Steamed Rice	Spanish Rice	Jefferson Noodles	Oriental Rice	Corn Bread Dressing
Black Eyed Peas	Broccoli Polonaise	Sautéed Collard Greens w/Garlic	Hacienda Corn & Black Beans	Succotash	Herbed Green Beans	Green Beans
Okra Mélange	Corn	Corn on the Cobb	Peas w/Mushrooms & Onions	Collard Greens	Scalloped Rice	Cauliflower Parmesan
Grilled Asparagus	Fried Cauliflower	Mixed Vegetables	Summer Squash	Fried Okra	Tempura Vegetables	Glazed Carrots
<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>
Ginger BBQ Chicken	Creole Fish Fillets	Beef Bulgogi	Marinated Tomatoes w/Penne & Basil	Honey Ginger Chicken	Jerk Roast Turkey	Beef Stir Fry

Orange Rosemary Pork Chop	Chicken Dijon	Pork Chops w/Pineapple Asian Glaze	Ground Turkey Lasagna	Shrimp Scampi	BBQ Brisket	Grilled Pork Chops
Teriyaki Steak	Polish Sausage	Sweet & Spicy Orange Salmon	Parmesan Fish	BBQ Spareribs	Southern Fried Catfish	Chinese Five-Spice Chicken
Mushroom Gravy	Chicken Gravy	Brown Gravy	Onion Gravy	Brown Gravy	Cream Gravy	Cream Gravy
Spicy Brown Pilaf Rice	Franconia Potatoes	Filipino Rice	Baked Potato	Roasted Pepper Potatoes	Quinoa Southwest Pilaf	Harvest Blend Rice
Jefferson Noodles	Rice w/Broccoli & Cheese	Buttered Eggs Noodles	Steamed Rice	Corn Bread Dressing	Baked Mac & Cheese	Oven Browned Potatoes
Japanese Stir Fry Vegetables	Corn Calico	Brussel Sprouts	Green Beans	Peas w/Mushrooms & Onions	Okra Mélange	Spinach
Peas	Savory Style Beans	Roasted Carrots w/Rosemary	Peas & Carrots	Broccoli Combo	Black Eyed Peas	Carrots
Herbed Green Beans	Broccoli	Savory Summer Squash	Corn Calico	Roasted Cauliflower	Southern Style Collard Greens	Cauliflower Combo
	Sautéed Peppers & Onions					