

SUNDAY January 20	MONDAY January 21	TUESDAY January 22	WEDNESDAY January 23	THURSDAY January 24	FRIDAY January 25	SATURDAY January 26
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
Grilled Turkey Sausage Links	Grilled Turkey Patty	Turkey Bacon	Grilled Turkey Sausage Links	Grilled Turkey Patty	Turkey Bacon	Grilled Turkey Sausage Links
Bacon	Bacon	Bacon	Bacon	Baked Sausage Links	Bacon	Bacon
Creamed Beef	Creamed Beef	Creamed Beef	Creamed Beef	Bacon	Creamed Beef	Creamed Beef
French Toast	French Toast	French Toast	French Toast	Creamed Beef	French Toast	French Toast
Pancakes	Pancakes	Pancakes	Pancakes	French Toast	Pancakes	Pancakes
Biscuits	Biscuits	Biscuits	Biscuits	Pancakes	Biscuits	Biscuits
Hashed Brown Patty	Hashed Brown Patty	Hash Brown Potatoes	Cottage Fried Potatoes	Biscuits	Hash Brown Potatoes	Cottage Fried Potatoes
Boiled Eggs	Boiled Eggs	Boiled Eggs	Boiled Eggs	Hash Brown Patty	Boiled Eggs	Boiled Eggs
Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Boiled Eggs	Scrambled Eggs	Scrambled Eggs
Fried Eggs	Fried Eggs	Fried Eggs	Fried Eggs	Scrambled Eggs	Fried Eggs	Fried Eggs
Omelet	Omelet	Omelet	Omelet	Fried Eggs	Omelet	Omelet
Grits	Grits	Grits	Grits	Omelet	Grits	Grits
Oatmeal	Oatmeal	Oatmeal	Oatmeal	Grits	Oatmeal	Oatmeal
Breakfast Burritos	Breakfast Burritos	Breakfast Burritos	Breakfast Burritos	Oatmeal	Breakfast Burritos	Breakfast Burritos
<b>DAILY SOUP/SALAD</b>				Breakfast Burritos		
Potato w/Bacon Soup	<b>DAILY SOUP/SALAD</b>	<b>DAILY SOUP/SALAD</b>	<b>DAILY SOUP/SALAD</b>	<b>DAILY SOUP/SALAD</b>	<b>DAILY SOUP/SALAD</b>	<b>DAILY SOUP/SALAD</b>
Cucumber/Onion Salad	Pot Roast Soup	Chicken Baja Enchilada Soup	Mushroom Soup	Mexican Tortilla Soup	Chicken Noodle Soup	Beef & Noodle Soup
Garden Cottage Cheese Salad	Macaroni Salad	Spinach Salad	Cole Slaw	Fruit Salad	Macaroni Salad	Garden Cottage Cheese Salad
<b>LUNCH</b>	Magellan's Potato Salad	Garden Cottage Cheese Salad	Potato Salad	Zesty Rotini Pasta Salad	Potato Salad	Italian Style Pasta Salad
Fish w/Southwest Salsa	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
Chicken with Dumplings	Polynesian Fillet	Mexican Pork Chops	Beef & Corn Pie	Baked Dijon Pork Chop	Baked Turkey Roulade Florentine	Basil Baked Fish
Country Style Fried Steak	Asian BQB Turkey	Chicken Fajitas Quinoa	Lemon Pepper Catfish	Grilled Salmon w/Citrus Butter	Parmesan Fish	Beef Stew
Brown Gravy	Teriyaki Pork Steak	Steak Ranchero	Baked Turkey & Noodles	Asian Bourbon Beef & Vegetables over Noodles	Country Style Steak	BBQ Chicken
Baked Mac & Cheese	Cream Gravy	Onion Gravy	Cream Gravy	Chicken Gravy	Mushroom Gravy	Chicken Gravy
Baked Potato Halves	Filipino Rice	Mexican Rice	Oven Browned Potatoes	Brown Rice	Harvest Blend Rice	Buttered Parsley Potatoes
Corn Combo	Buttered Eggs Noodles	O'Brien Potatoes	Rice Pilaf	Scalloped Potatoes	Garlic Mashed Potatoes	Steamed Rice
Spinach	Sesame Glazed Green Beans	Refried Beans	Peas w/Mushrooms & Onions	French Style Peas	Harvest Vegetable & Bean Ragout	Creamed Corn

Savory Summer Squash	Cauliflower	Mexican Corn	Broccoli Combo	Corn O'Brien	Roasted Carrots w/Rosemary	Simmered Pinto Beans
<b><i>DINNER</i></b>	Carrots	Broccoli	Spinach Club	Southern Style Collard Greens	Cauliflower	Peas
Cheese Tortellini with Marinara	<b><i>DINNER</i></b>	<b><i>DINNER</i></b>	<b><i>DINNER</i></b>	<b><i>DINNER</i></b>	<b><i>DINNER</i></b>	<b><i>DINNER</i></b>
Spaghetti w/Meat Sauce	Caribbean Chicken	Marinated Tomatoes w/ Penne & Basil	Grilled Chicken w/Mustard Sauce	Fiesta Fish	Baked Fish w/Lemon Garlic Butter	Polynesian Fillet
Chicken Parmesan	Mediterranean Salmon	Zesty Pork Chops	Yankee Pot Roast	Turkey Swedish Meatballs	Beef Ball Stroganoff	Pineapple BBQ Meatballs
Chicken Gravy	Cantonese Spareribs	Swiss Steak w/Brown Gravy	Shrimp Kebab	Parmesan Crusted Pork Chop	Baked Chicken	Hot & Spicy Chicken
Potatoes and Herbs	Onion Gravy	Brown Gravy	Brown Gravy	Mushroom Gravy	Cream Gravy	Brown Gravy
Parmesan Rice	Crispy Potato Wedges	Spicy Brown Rice Pilaf	Hopping John Rice	Brown Rice w/Tomato	Baked Potato Halves	Rosemary Roasted Potato Wedges
Garlic Peas	Islander Rice	Jefferson Noodles	Baked Sweet Potato	Au Gratin Potatoes	Orzo with Lemon & Herbs	Pork Fried Rice
Harvest Vegetables & Bean Ragout	Broccoli Polonaise	Brussel Sprouts	Summer Squash Au Gratin	Boston Baked Beans	Collard Greens	Succotash
Zucchini Fritters	Corn	Sautéed Collard Greens w/Garlic	Grilled Asparagus	Peas	French Green Beans	Fried Cabbage
	Simmered Pinto Beans	Roasted Carrots w/Rosemary	Scalloped Corn	Cauliflower Parmesan	Corn Calico	Roasted Cauliflower