

SUNDAY September 8	MONDAY September 9	TUESDAY September 10	WEDNESDAY September 11	THURSDAY September 12	FRIDAY September 13	SATURDAY September 14
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Pure Breakfast Bar 15 oz	Pure Breakfast Bar 15 oz	Pure Breakfast Bar 15 oz	Pure Breakfast Bar 15 oz	Pure Breakfast Bar 15 oz	Pure Breakfast Bar 15 oz	Pure Breakfast Bar 15 oz
Pure Food Burrito	Pure Food Burrito	Pure Food Burrito	Pure Food Burrito	Pure Food Burrito	Pure Food Burrito	Pure Food Burrito
Pure Food Grain Bowl	Pure Food Grain Bowl	Pure Food Grain Bowl	Pure Food Grain Bowl	Pure Food Grain Bowl	Pure Food Grain Bowl	Pure Food Grain Bowl
Grilled Turkey Patty	Turkey Bacon	Grilled Turkey Sausage Links	Grilled Turkey Patty	Turkey Bacon	Grilled Turkey Sausage Links	Grilled Turkey Patty
Bacon	Bacon	Bacon	Bacon	Bacon	Bacon	Bacon
Creamed Beef	Creamed Beef	Creamed Beef	Creamed Beef	Creamed Beef	Creamed Beef	Creamed Beef
French Toast	French Toast	French Toast	French Toast	French Toast	French Toast	French Toast
Pancakes	Pancakes	Pancakes	Chocolate Chip Pancakes	Pancakes	Pancakes	Pancakes
Biscuits	Biscuits	Biscuits	Biscuits	Biscuits	Biscuits	Biscuits
Hashed Brown Patty	Hashed Brown Patty	Hashed Brown Patty	Cottage Fried Potatoes	Hashed Brown Patty	Hashed Brown Potatoes	Cottage Fried Potatoes
Boiled Eggs	Boiled Eggs	Boiled Eggs	Boiled Eggs	Boiled Eggs	Boiled Eggs	Boiled Eggs
Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs
Fried Eggs	Fried Eggs	Fried Eggs	Fried Eggs	Fried Eggs	Fried Eggs	Fried Eggs
Omelet	Omelet	Omelet	Omelet	Omelet	Omelet	Omelet
Grits	Grits	Grits	Grits	Grits	Grits	Grits
Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal
Breakfast Burrito	Breakfast Burritos	Breakfast Burritos	Breakfast Burritos	Breakfast Burritos	Breakfast Burritos	Breakfast Burritos
DAILY SOUP/SALAD	DAILY SOUP/SALAD	DAILY SOUP/SALAD	DAILY SOUP/SALAD	DAILY SOUP/SALAD	DAILY SOUP/SALAD	DAILY SOUP/SALAD
Broccoli & Cheese Soup	Ham & Bean Soup	Corn Chowder	Chicken Gumbo	Chicken Tortilla	Clam Chowder	Broccoli & Cheese Soup
Pure Bar - Lunch/Dinner Large	Pure Bar - Lunch/Dinner Large	Pure Bar - Lunch/Dinner Large	Pure Bar - Lunch/Dinner Large	Pure Bar - Lunch/Dinner Large	Pure Bar - Lunch/Dinner Large	Pure Bar - Lunch/Dinner Large
Tabbouleh Salad w/Quinoa	Tabbouleh Salad w/Quinoa	Tabbouleh Salad w/Quinoa	Tabbouleh Salad w/Quinoa	Tabbouleh Salad w/Quinoa	Tabbouleh Salad w/Quinoa	Tabbouleh Salad w/Quinoa
California Vegetable Slaw	California Vegetable Slaw	California Vegetable Slaw	California Vegetable Slaw	California Vegetable Slaw	California Vegetable Slaw	California Vegetable Slaw
Toasted Barley & Vegetable Salad	Toasted Barley & Vegetable Salad	Toasted Barley & Vegetable Salad	Toasted Barley & Vegetable Salad	Toasted Barley & Vegetable Salad	Toasted Barley & Vegetable Salad	Toasted Barley & Vegetable Salad
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Stuffed Green Peppers w/Turkey & Lentils	Baked Turkey & Noodles	Grilled Honey Sriracha Chicken	Cheese Tortellini w/ Marinara	Baja Baked Cod	Jerk Roast Turkey	Baked Chicken
Rigatoni w/Green Olive-Almond Pesto & Asiago Cheese	Basil Baked Fish	Shrimp Jambalaya	Turkey Breast Fillet	Beef Fajitas	Eggplant Parmesan	Lasagna
Parmesan Crusted Pork	Ranchero Steak	Baked Dijon Pork Chop	Braised Spareribs	Southwestern Sweet Potatoes Black Beans & Corn	Pasta Toscano	Cajun Meatloaf

Onion Gravy	Turkey Gravy	Brown Gravy	Turkey Gravy	Roasted Pepper Potatoes Southwestern Rice	Turkey Gravy	Brown Gravy
Brown Rice w/Tomatoes	Rice w/Broccoli & Cheese	Quinoa Southwest Pilaf	Corn Bread Dressing	Chili Gravy	Barley Pilaf	Franconia Potatoes
Lyonnais Potatoes	Oven Browned Potatoes	Baked Mac & Cheese	Rosemary Roasted Potato Wedge	Simmered Pinto Beans	Hacienda Potatoes	Brown Rice
Scalloped Corn	Sautéed Mushrooms & Onions	Grilled Asparagus	Green Beans	Mexican Corn	Broccoli	Roasted Butternut Squash
Spinach	Spanish Style Beans	Southern Style Collard Greens	Grilled Asparagus	Mixed Vegetables	Mediterranean Lima Beans	Garlic Spinach
Roasted Carrots w/Rosemary	Peas & Carrots	Hacienda Corn & Black Beans	Cauliflower Parmesan		Succotash	Black Eyed Peas
<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>
Chicken Parmesan	Chicken Fajitas Quinoa	Chicken & Dumplings	Greek Lemon Turkey Pasta	Turkey & Spinach Meatloaf	BBQ Chicken	Herbed Bake Chicken
Baked Salmon	Southwestern Fish	Stir Fried Garden Vegetables w/Marinated Tofu & Brown Rice	Mediterranean Salmon	Oven Fried Fish	Beef & Corn Pie	Spaghetti w/Marinara Sauce
Orange Rosemary Honey Glazed Pork Chop	Pasta Toscano	Beef Bulgogi	Turkish Sultan Adana Kebab	Swiss Steak w/Brown Gravy	Pork Roast Tenderloin	Sweet & Sour Spareribs
Chicken Gravy	Onion & Mushroom Gravy	Chicken Gravy	Turkish Sultan Onion Salad	Brown Gravy	Chicken Gravy	Brown Gravy
Barley Pilaf	Roasted Pepper Potatoes	Potatoes & Herbs	Brown Rice w/Vegetable Sicilian	Quinoa Garden Pilaf	Baked Mac & Cheese	Spinach & Tomato Orzo
Jefferson Noodles	Mexican Rice	Steamed Rice	Orzo w/Lemon & Herbs	Garlic Mash Potatoes	Oven Browned Potatoes	Buttered Parsley Potatoes
Roasted Zucchini Squash & Tomatoes	Carrots on the Grille	Japanese Stir Fry Vegetables	Broccoli	Green Beans w/Mushroom	Fried Okra	Peas w/Onions
Cauliflower Combo	Fried Cauliflower	Zucchini Fritters	Greek Style Grilled Vegetables	Harvest Veg & Bean Ragout	Corn on the Cob	Zucchini & Yellow Squash
Okra Mèlange	Creamed Corn	Peas	Roasted Brussels Sprouts	Savory Summer Squash	Boston Baked Beans	Cabbage, Stir Fry, Oriental
				Sautéed Mushrooms & Onions		