

SUNDAY September 15	MONDAY September 16	TUESDAY September 17	WEDNESDAY September 18	THURSDAY September 19	FRIDAY September 20	SATURDAY September 21
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Pure Breakfast Bar 15 oz	Pure Breakfast Bar 15 oz	Pure Breakfast Bar 15 oz	Pure Breakfast Bar 15 oz	Pure Breakfast Bar 15 oz	Pure Breakfast Bar 15 oz	Pure Breakfast Bar 15 oz
Pure Food Burrito	Pure Food Burrito	Pure Food Burrito	Pure Food Burrito	Pure Food Burrito	Pure Food Burrito	Pure Food Burrito
Pure Food Grain Bowl	Pure Food Grain Bowl	Pure Food Grain Bowl	Pure Food Grain Bowl	Pure Food Grain Bowl	Pure Food Grain Bowl	Pure Food Grain Bowl
Turkey Bacon	Turkey Bacon	Grilled Turkey Sausage Links	Grilled Turkey Patty	Turkey Bacon	Grilled Turkey Sausage Links	Grilled Turkey Patty
Bacon	Bacon	Bacon	Bacon	Bacon	Bacon	Bacon
Creamed Beef	Creamed Beef	Creamed Beef	Creamed Beef	Creamed Beef	Creamed Beef	Creamed Beef
French Toast	French Toast	French Toast	French Toast	French Toast	French Toast	French Toast
Pancakes	Pancakes	Pancakes	Chocolate Chip Pancakes	Pancakes	Pancakes	Pancakes
Biscuits	Biscuits	Biscuits	Biscuits	Biscuits	Biscuits	Biscuits
Hashed Brown Patty	Hashed Brown Patty	Hashed Brown Patty	Cottage Fried Potatoes	Hashed Brown Patty	Hashed Brown Potatoes	Cottage Fried Potatoes
Boiled Eggs	Boiled Eggs	Boiled Eggs	Boiled Eggs	Boiled Eggs	Boiled Eggs	Boiled Eggs
Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs
Fried Eggs	Fried Eggs	Fried Eggs	Fried Eggs	Fried Eggs	Fried Eggs	Fried Eggs
Omelet	Omelet	Omelet	Omelet	Omelet	Omelet	Omelet
Grits	Grits	Grits	Grits	Grits	Grits	Grits
Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal
Breakfast Sandwich	Breakfast Sandwich	Breakfast Sandwich	Breakfast Sandwich	Breakfast Sandwich	Breakfast Sandwich	Breakfast Sandwich
DAILY SOUP/SALAD	DAILY SOUP/SALAD	DAILY SOUP/SALAD	DAILY SOUP/SALAD	DAILY SOUP/SALAD	DAILY SOUP/SALAD	DAILY SOUP/SALAD
Chicken Tortilla Soup	Minestrone Soup	Pasta Fagioli Soup	Potato Soup	Chicken Tortilla Soup	Thai Curry Soup	Tomato Soup
Pure Bar - Lunch/Dinner Large	Pure Bar - Lunch/Dinner Large	Pure Bar - Lunch/Dinner Large	Pure Bar - Lunch/Dinner Large	Pure Bar - Lunch/Dinner Large	Pure Bar - Lunch/Dinner Large	Pure Bar - Lunch/Dinner Large
Tabbouleh Salad w/Quinoa	Tabbouleh Salad w/Quinoa	Tabbouleh Salad w/Quinoa	Tabbouleh Salad w/Quinoa	Tabbouleh Salad w/Quinoa	Tabbouleh Salad w/Quinoa	Tabbouleh Salad w/Quinoa
California Vegetable Slaw	California Vegetable Slaw	California Vegetable Slaw	California Vegetable Slaw	California Vegetable Slaw	California Vegetable Slaw	California Vegetable Slaw
Toasted Barley & Vegetable Salad	Toasted Barley & Vegetable Salad	Toasted Barley & Vegetable Salad	Toasted Barley & Vegetable Salad	Toasted Barley & Vegetable Salad	Toasted Barley & Vegetable Salad	Toasted Barley & Vegetable Salad
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Asian BBQ Turkey	Creole Fish Fillets	Turkey A La King	Cheese Manicotti	Baked Florentine Turkey Roulade	Turkey Nuggets	BBQ Chicken
Southern Fried Catfish	Bourbon Chicken	Stuffed Green Peppers Beef	Chicken Parmesan	Hungarian Goulash w/Noodles	Baked Salmon	Mediterranean Quinoa Cakes
Zesty Pork Chops	Grilled Steak	Mexican Pork Chops	Beef & Corn Pie	Pork Schnitzel	Pepper Steak	Polish Sausage
Cream Gravy	Brown Gravy	Onion Gravy	Brown Gravy	Mushroom Gravy	Onion Gravy	Chicken Gravy
Harvest Blend Rice	Red Beans & Rice	Mashed Potatoes	Buttered Egg Noodles	Lyonnais Potatoes	Steamed Rice	Spinach & Tomato Orzo

Couscous w/Artichokes, Feta, Sun-Dried Tomatoes	Baked Potato	Quinoa Southwest Pilaf	Baked Potato Halves	Rice Pilaf	Barley Pilaf	Crispy Potato Wedges
Japanese Vegetable Stir Fry	Grilled Asparagus	Mixed Vegetables	Roasted Carrots w/Rosemary	Harvest Veg & Bean Ragout	Fried Okra	Sautéed Peppers & Onions
Herbed Green Beans	Broccoli	Simmered Pinto Beans	Summer Squash	Roasted Cauliflower	Spinach	Black Eyed Peas
Cauliflower	Mushrooms Rosemary	Corn Calico	Peas w/Onions	Braised Cabbage	Herbed Green Beans	Collard Greens
						Boston Baked Beans
<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>
Turkey Lentil Chili	Spaghetti w/Turkey Meat Sauce	Honey Mustard Chicken Breast	Turkey & Spinach Meatloaf	Southwestern Sweet Potatoes Black Beans & Corn	Chicken Kebab	Stir Fry Chicken w/Broccoli
Fried Shrimp	Stir Fried Garden Veg w/Marinated Tofu & Brown Rice	Barley & Spinach Stew	Shrimp Kebab	Chicken Enchiladas	Orzo w/Spinach, Tomato, & Onion	Eggplant Parmesan
Braised Beef & Noodles	Stuffed Baked Pork Chops	Beef Fajitas	Oriental Pepper Steak	Teriyaki Pork Steak	Stuffed Baked Fish	Turkish Sultan Adana Kebab
Brown Gravy	Turkey Gravy	Cream Gravy	Brown Gravy	Brown Gravy	Cream Gravy	Turkish Sultan Onion Salad
Crispy Potato Wedges	Jefferson Noodles	Potatoes & Herbs	Franconia Potatoes	Steamed Brown Rice	Roasted Rosemary Potato Wedge	Brown Gravy
Steamed Rice	Quinoa Garden Pilaf	Spanish Rice	Steamed Rice	Hacienda Potatoes	Long Grain Wild Rice	Long Grain & Wild Rice
Carrots	Cauliflower Parmesan	Savory Summer Squash	Japanese Stir Fry Vegetables	Spanish Style Beans	Hacienda Corn & Black Beans	Roasted Pepper Potatoes
Southern Style Sweet Potatoes	French Green Beans	Vegetable Medley	Corn on the Cobb	Sesame Glazed Green Beans	Roasted Zucchini Squash & Tomatoes	Cauliflower Combo
Spinach Club	Carrots	Roasted Brussels Sprouts	Grilled Asparagus	Succotash	Mediterranean Grilled Asparagus	Spinach Club
						Roasted Zucchini Squash & Tomatoes