

SUNDAY September 22	MONDAY September 23	TUESDAY September 24	WEDNESDAY September 25	THURSDAY September 26	FRIDAY September 27	SATURDAY September 28
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Pure Breakfast Bar 15 oz	Pure Breakfast Bar 15 oz	Pure Breakfast Bar 15 oz	Pure Breakfast Bar 15 oz	Pure Breakfast Bar 15 oz	Pure Breakfast Bar 15 oz	Pure Breakfast Bar 15 oz
Pure Food Burrito	Pure Food Burrito	Pure Food Burrito	Pure Food Burrito	Pure Food Burrito	Pure Food Burrito	Pure Food Burrito
Pure Food Grain Bowl	Pure Food Grain Bowl	Pure Food Grain Bowl	Pure Food Grain Bowl	Pure Food Grain Bowl	Pure Food Grain Bowl	Pure Food Grain Bowl
Turkey Bacon	Grilled Turkey Sausage Links	Grilled Turkey Patty	Turkey Bacon	Grilled Turkey Sausage Links	Grilled Turkey Patty	Turkey Bacon
Bacon	Bacon	Bacon	Bacon	Bacon	Bacon	Bacon
Creamed Beef	Creamed Beef	Creamed Beef	Creamed Beef	Creamed Beef	Creamed Beef	Creamed Beef
French Toast	French Toast	French Toast	French Toast	French Toast	French Toast	French Toast
Pancakes	Pancakes	Pancakes	Chocolate Chip Pancakes	Pancakes	Pancakes	Pancakes
Biscuits	Biscuits	Biscuits	Biscuits	Biscuits	Biscuits	Biscuits
Hashed Brown Patty	Hashed Brown Patty	Hash Brown Potatoes	Cottage Fried Potatoes	Hashed Brown Patty	Hashed Brown Potatoes	Cottage Fried Potatoes
Boiled Eggs	Boiled Eggs	Boiled Eggs	Boiled Eggs	Boiled Eggs	Boiled Eggs	Boiled Eggs
Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs
Fried Eggs	Fried Eggs	Fried Eggs	Fried Eggs	Fried Eggs	Fried Eggs	Fried Eggs
Omelet	Omelet	Omelet	Omelet	Omelet	Omelet	Omelet
Grits	Grits	Grits	Grits	Grits	Grits	Grits
Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal
Breakfast Sandwich	Breakfast Sandwich	Breakfast Sandwich	Breakfast Sandwich	Breakfast Sandwich	Breakfast Sandwich	Breakfast Sandwich
DAILY SOUP/SALAD	DAILY SOUP/SALAD	DAILY SOUP/SALAD	DAILY SOUP/SALAD	DAILY SOUP/SALAD	DAILY SOUP/SALAD	DAILY SOUP/SALAD
Vegetable Soup	Beef & Barley Soup	Chicken w/Rice Soup	Butternut Squash Soup	Chicken & Rice Soup	Chicken & Dumpling Soup	Chili
Pure Bar - Lunch/Dinner Large	Pure Bar - Lunch/Dinner Large	Pure Bar - Lunch/Dinner Large	Pure Bar - Lunch/Dinner Large	Pure Bar - Lunch/Dinner Large	Pure Bar - Lunch/Dinner Large	Pure Bar - Lunch/Dinner Large
Tabbouleh Salad w/Quinoa	Tabbouleh Salad w/Quinoa	Tabbouleh Salad w/Quinoa	Tabbouleh Salad w/Quinoa	Tabbouleh Salad w/Quinoa	Tabbouleh Salad w/Quinoa	Tabbouleh Salad w/Quinoa
California Vegetable Slaw	California Vegetable Slaw	California Vegetable Slaw	California Vegetable Slaw	California Vegetable Slaw	California Vegetable Slaw	California Vegetable Slaw
Toasted Barley & Vegetable Salad	Toasted Barley & Vegetable Salad	Toasted Barley & Vegetable Salad	Toasted Barley & Vegetable Salad	Toasted Barley & Vegetable Salad	Toasted Barley & Vegetable Salad	Toasted Barley & Vegetable Salad
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Chicken Bulgogi	Turkey & Spinach Meatloaf	Southwestern Fish	Chicken Breast Dijon	Jamaican Chicken	Chicken Fajitas Quinoa	Southwestern Sweet Potatoes Black Beans & Corn
Parmesan Cod	Pasta Primavera	Roast Turkey	Onion-Lemon Baked Fish	Caribbean Catfish	Marinated Tomatoes w/Penne & Basil	Chicken Teriyaki
Swiss Steak w/Brown Gravy	Cantonese Spareribs	Braised Beef & Noodles	Roast Rib of Beef	Mambo Pork Roast	Grilled Pork Chops	BBQ Beef Cubes
Brown Gravy	Turkey Gravy	Brown Gravy	Chicken Gravy	Red Beans & Rice	Chicken Gravy	Brown Gravy
Long Grain & Wild Rice	Baked Macaroni & Cheese	Corn Bread Dressing	Jefferson Noodles	Glazed Sweet Potatoes	Franconia Potatoes	Steamed Rice

Garlic Mashed Potatoes	Quinoa Southwest Pilaf	Steamed Brown Rice	Mashed Potatoes	Chicken Gravy	Mexican Rice	Garlic & Soy Roasted Potatoes
Peas & Carrots	Broccoli Parmesan	Roasted Brussels Sprouts	Mushrooms Rosemary	Roasted Butternut Squash	Hacienda Corn & Black Beans	Japanese Stir Fry Vegetables
Roasted Zucchini Squash & Tomatoes	Corn on the Cob	Carrots	Harvard Beets	Curried Cauliflower	Mediterranean Grilled Asparagus	Collard Greens
Grilled Asparagus	Roasted Cauliflower	French Green Beans	Spinach Club	Fried Cabbage	Snow Peas	Scalloped Corn
<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>
Jerk Roast Turkey	Creole Fish Fillets	Baked Chicken	Parmesan Cod	Honey Ginger Chicken	Chili Mac	Beef Stir Fry
Marinated Tomatoes w/Penne & Basil	Cajun Chicken	Beef Bulgogi	Ground Turkey Lasagna	Beef & Corn Pie	Turkey Nuggets	Salmon w/Maple Ginger Glaze
Grilled Pork Chops	Beef Stew	Sweet & Spicy Orange Salmon	Yankee Pot Roast	Pork Adobo	Oven Fried Fish	Turkey A La King
Mushroom Gravy	Chicken Gravy	Brown Gravy	Onion Gravy	Brown Gravy	Cream Gravy	Turkey Gravy
Quinoa Southwest Pilaf	Franconia Potatoes	Baked Potato	Harvest Blend Rice	Lyonnais Potatoes	Rice Pilaf	Steamed Brown Rice
Rissole Potatoes	Rice w/Broccoli & Cheese	Oriental Rice	Garlic Mashed Potatoes	Fried Rice w/Eggs	Crispy Potato Wedges	Baked Potato Halves
Okra Mélange	Green Beans	Peas	Creamed Corn	Honey Glazed Pea Pods & Carrots	Vegetable Medley	Garlic Peas
Mediterranean Lima Beans	Cauliflower	Tempura Vegetables	Broccoli Parmesan	Succotash	Black Eyed Peas	Zucchini Fritters
Corn Calico	Savory Summer Squash	Japanese Stir Fry Vegetables	Grilled Asparagus	Roasted Brussels Sprouts	Mustard Greens Braised	Cabbage, Stir Fry, Oriental