

SUNDAY September 26	MONDAY September 27	TUESDAY September 28	WEDNESDAY September 29	THURSDAY September 30	FRIDAY	SATURDAY
<i>BREAKFAST</i>	<i>BREAKFAST</i>	<i>BREAKFAST</i>	<i>BREAKFAST</i>	<i>BREAKFAST</i>	<i>BREAKFAST</i>	<i>BREAKFAST</i>
Pure Breakfast Bar 15 oz	Pure Breakfast Bar 15 oz	Pure Breakfast Bar 15 oz	Pure Breakfast Bar 15 oz	Pure Breakfast Bar 15 oz		
Pure Food Burrito	Pure Food Burrito	Pure Food Burrito	Pure Food Burrito	Pure Food Burrito		
Pure Food Grain Bowl	Pure Food Grain Bowl	Pure Food Grain Bowl	Pure Food Grain Bowl	Pure Food Grain Bowl		
Grilled Turkey Sausage Links	Grilled Turkey Patty	Turkey Bacon	Grilled Turkey Sausage Links	Grilled Turkey Patty		
Bacon	Bacon	Bacon	Bacon	Bacon		
Creamed Beef	Creamed Beef	Creamed Beef	Creamed Beef	Creamed Beef		
Pancakes		Pancakes		French Toast		
	French Toast		Chocolate Chip Pancakes			
Biscuits	Biscuits	Biscuits	Biscuits	Biscuits		
Hash Brown Patty	Hash Brown Patty	Brown Rice	Cottage Fried Potatoes	Brown Rice		
Boiled Eggs	Boiled Eggs	Boiled Eggs	Boiled Eggs	Boiled Eggs		
Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs		
Fried Eggs	Fried Eggs	Fried Eggs	Fried Eggs	Fried Eggs		
Omelet	Omelet	Omelet	Omelet	Omelet		
Grits	Grits	Grits	Grits	Grits		
Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal		
Breakfast Sandwich	Breakfast Sandwich	Breakfast Sandwich	Breakfast Sandwich	Breakfast Sandwich		
<i>DAILY SOUP/SALAD</i>	<i>DAILY SOUP/SALAD</i>	<i>DAILY SOUP/SALAD</i>	<i>DAILY SOUP/SALAD</i>	<i>DAILY SOUP/SALAD</i>	<i>DAILY SOUP/SALAD</i>	<i>DAILY SOUP/SALAD</i>
Pure Bar - Lunch/Dinner Large & Small	Pure Bar - Lunch/Dinner Large & Small	Pure Bar - Lunch/Dinner Large & Small	Pure Bar - Lunch/Dinner Large & Small	Pure Bar - Lunch/Dinner Large & Small	Pure Bar - Lunch/Dinner Large & Small	Pure Bar - Lunch/Dinner Large & Small
<i>LUNCH</i>	<i>LUNCH</i>	<i>LUNCH</i>	<i>LUNCH</i>	<i>LUNCH</i>	<i>LUNCH</i>	<i>LUNCH</i>
Shrimp Scampi	Chicken Ala King	Harvest Vegetables and Bean Ragout	California Veggie Quesadilla	Spaghetti with Meatballs		

Stuffed Green Peppers w/ Turkey and Lentils	Broccoli Quiche	Baked Stuffed Fish	Fish Veracruz	Chicken Cacciatore		
Orange Rosemary Honey Glazed Pork Chop	Roast Beef	Parmesan Crusted Pork Chop	Chicken Breast Dijon	BBQ Beef Cubes		
Chicken Gravy	Brown Gravy	Chicken Gravy	Cream Gravy	Turkey Gravy		
Barley Pilaf	Brown Rice	Roasted Rosemary Potato Wedges	Potato and Herbs	Jefferson Noodles		
Baked Sweet Potato	Rissole Potatoes	Hopping John Rice	Rice Pilaf	Barley Pilaf		
Broccoli	Spinach	Fried Okra	Savory Summer Squash	Club Spinach		
Garlic Sautéed Spinach	Cauliflower Combo	Glazed Carrots	Broccoli Polonaise	Cauliflower		
Carrots on the Griddle	Green Beans	Broccoli Combo	Herbed Green Bean	Broccoli Parmesan		
<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>
Hot and Spicy Chicken	Baja Fish Tacos	Turkey Ala king	Chicken and Dumplings	Herbed Baked Chicken		
Spinach Lasagna	Beef and Corn Pie	Grilled Salmon with Citrus Butter	Almond Crusted Cod	Lemon Basil Shrimp Pasta		
Mambo Pork Roast	Eggplant Parmesan	Cheese Tortellini	Grilled Steak	Pepper Steak		
Chicken Gravy	Brown Gravy	Brown Gravy	Brown Gravy	Mushroom Gravy		
Buttered Egg Noodles	Mashed Potatoes	Buttered Parsley Potatoes	Long Grain and Wild Rice	Scalloped Potatoes		
Parsley Buttered Potatoes	Islander Rice	Steamed Rice	Baked Potato	Steamed Rice		
Mexican Corn	Roasted Cauliflower	Green Beans with Mushrooms	Sautéed Mushrooms and Onions	Roasted Zucchini Squash with Tomatoes		

Cajun Style Vegetables	Grilled Asparagus	Summer Squash	Carrots	Fried Cabbage		
Sautéed Collard Greens	Carrots	Peas and Carrots	Spinach Club	Corn Calico		