

SUNDAY September 29	MONDAY September 30	TUESDAY October 1	WEDNESDAY October 2	THURSDAY October 3	FRIDAY October 4	SATURDAY October 5
<i>BREAKFAST</i>	<i>BREAKFAST</i>	<i>BREAKFAST</i>	<i>BREAKFAST</i>	<i>BREAKFAST</i>	<i>BREAKFAST</i>	<i>BREAKFAST</i>
Pure Breakfast Bar 15 oz	Pure Breakfast Bar 15 oz					
Pure Food Burrito	Pure Food Burrito					
Pure Food Grain Bowl	Pure Food Grain Bowl					
Grilled Turkey Patty	Grilled Turkey Patty					
Grilled Turkey Sausage Links	Grilled Turkey Patty					
Bacon	Bacon					
Creamed Beef	Creamed Beef					
French Toast	French Toast					
Pancakes	Pancakes					
Biscuits	Biscuits					
Hash Brown Patty	Hash Brown Patty					
Boiled Eggs	Boiled Eggs					
Scrambled Eggs	Scrambled Eggs					
Fried Eggs	Fried Eggs					
Omelet	Omelet					
Grits	Grits					
Oatmeal	Oatmeal					
Breakfast Burritos	Breakfast Burritos					
<i>DAILY SOUP/SALAD</i>	<i>DAILY SOUP/SALAD</i>	<i>DAILY SOUP/SALAD</i>	<i>DAILY SOUP/SALAD</i>	<i>DAILY SOUP/SALAD</i>	<i>DAILY SOUP/SALAD</i>	<i>DAILY SOUP/SALAD</i>
Potato w/Bacon Soup	Pot Roast Soup					
Pure Bar - Lunch/Dinner Large	Pure Bar - Lunch/Dinner Large					
Tabbouleh Salad w/Quinoa	Tabbouleh Salad w/Quinoa					
California Vegetable Slaw	California Vegetable Slaw					
Toasted Barley & Vegetable Salad	Toasted Barley & Vegetable Salad					
<i>LUNCH</i>	<i>LUNCH</i>	<i>LUNCH</i>	<i>LUNCH</i>	<i>LUNCH</i>	<i>LUNCH</i>	<i>LUNCH</i>
Spaghetti w/Turkey Meat Sauce	Cranberry Glazed Chicken					
Cajun Baked Fish	Orzo w/Spinach, Tomato & Onion					
Orange Rosemary Honey Glazed Pork Chop	Hamburger Yakisoba					
Cream Gravy	Brown Gravy					
Barley Pilaf	Quinoa Garden Pilaf					

Baked Sweet Potato	Harvest Garden Pilaf					
Broccoli	Mediterranean Lima Beans					
Fried Okra	Roasted Cauliflower					
Carrots on the Griddle	Green Beans					
<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>	<i>DINNER</i>
Bourbon Chicken	Caribbean Chicken Breast					
Stuffed Green Peppers	Meat Loaf					
Shrimp Jambalaya	Eggplant Parmesan					
Chicken Gravy	Onion Gravy					
Oven Browned Potatoes	Mashed Potatoes					
Red Beans & Rice	Islander Rice					
Hacienda Corn & Black Beans	Harvest Beets					
Herbed Green Beans	Grilled Asparagus					
Roasted Zucchini Squash & Tomatoes	Corn Combo					